

2025 in Focus

Powered by partnership

Thank you for supporting CGHP this year — as a member, partner or donor, and for many of you, in more than one role. Your commitment makes our work possible and gives us purpose every day. It's been a very busy year, and I'm delighted that we've co-hosted more visits by our partners to Cambridge than ever before, increasing the reciprocal learning and development opportunities that are at the core of our mission.

In January, I travelled with a small CGHP team to meet Myanmar partners delivering telemedicine to vulnerable communities. These remarkable healthcare professionals have built an impressive service from scratch under extraordinarily difficult circumstances since the 2021 military coup and during ongoing conflict. We were joined by a Global Health Fellow whose family is from Sri Lanka, another country affected by civil war and natural disasters.

In a fitting coincidence, later in the year I visited Sri Lanka with a team developing a childhood cancer partnership. This new partnership brings CGHP's

journey full circle. Professor Andrew Lever, one of our founding trustees, was born in Sri Lanka and was there during the 2004 South Asian Tsunami — an event that inspired a coordinated healthcare response in Cambridge which evolved into CGHP.

Next year, CGHP will mark twenty years of global health partnerships between Cambridge, the East of England and countries in the Global South. We are delighted to have our new Chair, Fiona Smith-Laittan, to guide us as we celebrate all that has been achieved and learned and launch a refreshed strategy.

Evelyn Brealey Director, Cambridge Global Health **Partnerships**



2025 in numbers



CGHP supported 10 global health partnership projects



In 8 countries and 8 clinical areas



13 Ethical Elective bursaries awarded



6 new East of England CGHP Global Health Fellows appointed



358 Ugandan nurses participated in a 'train the trainers' programme



19,907 patient teleconsultations in Myanmar



76 attendees at global health training sessions



4 flagship events for members and partners attracting over 350 attendees

Scaling up provision of emergency care in Myanmar

On 28 March 2025, Myanmar was hit by a 7.7 magnitude earthquake – the most devastating in almost 100 years - striking in the midst of a civil war triggered by the 2021 military coup, which has brought the healthcare system close to collapse. CGHP has supported a health partnership with Myanmar for over a decade, and so we were able to support our partners to help them provide much needed emergency healthcare support in the immediate aftermath including significantly scaling up clinic and hotline operations.

CGHP also launched an emergency appeal within four days to raise funds to meet urgent needs and provide a wide range of support including emergency water and hygiene kits for 500 people and resources for 140 volunteers – including power banks – to ensure the continuation of essential telemedicine services.



Highlights from our partnerships

Sri Lanka

A health partnership between Cambridge and Sri Lanka was established in 2025, with leadership by a Sri Lankan diaspora senior doctor in training and East of England Global Health Fellow, to strengthen paediatric oncology services. To kickstart the partnership, the National Cancer Institute in Sri Lanka hosted a small team from Cambridge. The team participated in a variety of clinical, academic, and partnership building activities and a memorandum of understanding was signed to formalise the partnership. Moving forward, this partnership aims to enhance the quality of paediatric oncology care in Sri Lanka and the UK through mutual learning and shared expertise.

India

Building on long-standing connections with India through the Rama Foundation, CGHP was delighted to formalise the Uttarakhand Cambridge Health Partnership. The partnership is working to develop healthcare services in cancer and palliative care in disadvantaged communities in northern India, focussed on strengthening Allied Health Professional (AHP) roles.

In August 2025, a multidisciplinary team of 5 AHPs and 3 nurses from Cambridge University Hospitals (CUH) completed a visit to scope services and co-deliver face-to-face training and mentoring. Looking ahead, the partnership will support the Himalayan Hospital and Institute of Medical Sciences to develop an increased AHP workforce function within the Cancer Research Institute and critical care services; establish a formal dietetic qualification and develop specialised programmes for other AHP roles.

This experience was transformative, it strengthened my resilience, empathy, cultural awareness, and adaptability. Engaging with diverse patients, families, and staff across different settings enhanced my understanding of how cultural, social, and spiritual factors influence care.

> **Azelia Braganza,** Therapeutic Radiographer, CUH



Zimbabwe

The Harare Cambridge Health
Partnership, which focuses on
infectious diseases, has an ambition to
develop a joint formal HIV teaching course.

In October 2025, three CUH staff conducted a partnership visit during which excellent working relationships were fostered, and plans were agreed for the future management and developing of the teaching course. The partnership has signed a new memorandum of understanding and appointed a Zimbabwe-based global health fellow.

Kenya

This partnership is dedicated to enhancing antimicrobial stewardship at Kakamega County Teaching and Referral Hospital and three district level hospitals that refer patients to its maternity department. A CGHP East of England Global Health Fellow implemented a study with partners in Kakamega to collect data on antibiotics dispensing by community pharmacies. In 5 days, 22 pharmacies were recruited with the aim of better understanding prescribing practices to guide future activities and improve AMS in the community. This work is now one of the largest data sets on antibiotic prescribing in Western Kenya.

The world being a global village means that we should embrace initiatives that are crosscutting and have a global view. Current global problems can only be addressed by putting efforts together by all actors in different countries and not working in siloes.

Dr. Emmanuel Kurgat,Pharmacist, Kakamega County Teaching and Referral Hospital

Myanmar

The Myanmar telemedicine programme began in June 2021 as a pilot to provide safe and user-friendly online medical services to those who would otherwise struggle to access medical advice and care due to conflict in the country. During 2025, this partnership has further increased its operations to continue providing vital healthcare and has:

- Delivered19,907 teleconsultations to 14,096 patients
- Created 31 health education videos on YouTube
- Shared 647 health education posts on social media



Read our Impact Report

Malawi

The Malawi Cambridge Health Partnership comprises two projects: The hearing project supports the provision of affordable hearing equipment, creates training and teaching resources, and enables more children with hearing problems to be treated so they can access education and continue learning; and the trauma and orthopaedics project that is working to strengthen services for trauma patients in Malawi. This year, we were delighted to secure additional funding from the Global Health Workforce Programme to extend the partnership and deliver a year-long programme of work

In 2025, these projects involved more than one hundred healthcare workers, providing them with new knowledge and understanding, and led

to the development of online learning resources now available to healthcare and education staff, and members of civil society organisations in Malawi.

Engaging with experts at Cambridge University Hospitals expanded my perspective on global best practices and inspired me to think more strategically about how to adapt and apply these approaches within the Malawian context

2025 IN FOCUS

Regina Kachapila,

Audiologist, Kamuzu Central Hospital, Malawi

Uganda

CGHP continues to support health partnership activity between Uganda and Cambridge across four areas.

Maternal and neonatal health

Healthcare professionals from Cambridge and Kampala continued their work to reduce maternal and neonatal mortality, including developing a framework and delivering a comprehensive training package to implement clinical care guidelines in two national referral maternity

hospitals.

In 2025, CGHP members co-delivered a 'training of trainers' hands-on learning programme to 358 participants. The training was

participants. The training was designed to equip participants with the knowledge, tools and confidence to disseminate best practices in the management of critical obstetric emergencies.

It was incredibly refreshing to connect with people working in another country who share the same values and passions, even while navigating very different challenges...That sense of shared purpose is powerful.

Chiara Valentini, CGHP Global Health Fellow and Nurse, CUH



Paediatric cancer

This partnership is developing pathology and diagnostic pathways, improving the safety of prescription and administration of chemotherapy, and strengthening patient education, care and support.

CGHP members and partners introduced and assessed a new paediatric triage tool in the outpatients department at the Uganda Cancer Institute. The teams refined the tool to make it practical for daily use and to embed it into routine practice to help quickly identify children that need urgent care.

Antimicrobial Stewardship and Infection Prevention & Control

This partnership has focused on strengthening clinical, laboratory and diagnostic capability to increase understanding of antimicrobial resistance and improve prescribing practices in maternal and neonatal care in Kampala.

Through hybrid partnership work, CGHP members and partners supported multiple sites with caregiver education, antimicrobial and hand-hygiene audits, surgical-site surveillance, prevalence surveys, and development of local protocols.

Critical care

This partnership is improving critical care services in Uganda and the UK. The project began in Kampala and expanded in 2025 to Mbarara District.

Teams of critical care nurses from the UK and Uganda delivered classroom and simulation-based training to develop critical care nursing skills. Two UK nurses completed long-term placements working with partners in Kampala to embed training and gain enriching professional experience

Supporting professional development opportunities in global health

Ethical Elective Scheme

CGHP supports ethical electives for healthcare students training in the East of England within the health partnerships we support.

This year we supported elective placements and awarded bursaries to twelve students. CGHP also supports students from partners to undertake an elective in Cambridge. In January 2025, we welcomed Antony Ngunga, a medical student from Kenya, for an elective based in the CUH neurology department. Each elective was tailored to align with specific projects and addressed a defined need that had been identified by partners on both sides.

Global Heath Fellowship Programme

Since 2022, CGHP, with funding from NHS England East of England, has supported over 40 senior doctors in training and nurses, midwives and Allied Health Professionals through a year-long global health fellowship. The 2026 Global Health Fellow cohort represents a diverse mix of clinical roles.

Engaging the global health community

In 2025, we made great progress fostering a vibrant global health partnerships community in Cambridge and the East of England.

- 'Raising the Bar for Global Health' events: We hosted three events as part of this series attracting over 150 attendees.
- In April, >40 participants attended a workshop on the importance of partnership working and best practice and ethics in global health work.
- CGHP proudly supported CUH's International Nurse Day and Allied Health Professionals Day celebrations.
- This summer, CGHP welcomed an intern into the team for 6 weeks to help produce our 2024-2025 Impact Report.
- Our flagship CGHP Impact celebrations and awards in June was an evening of recognising excellence in the global health space.

CGHP Grants Programme

CGHP awards small grants to NHS staff based in the East of England to undertake global health work on a voluntary basis with partners based in the Global South.

This year we provided grants to 11 healthcare professionals for projects with ten different partner countries: Ethiopia, Ghana, India, Kenya, Malawi, Nigeria, Pakistan, the Philippines, Uganda and Zimbabwe.

The initiative is a 'win-win-win,' delivering substantial, multi-faceted benefits to fellows, the NHS, and international partners. Investing in global health engagement is not optional philanthropy, it is strategic workforce development.



CHAIR'S COMMENTS

It was a privilege to join CGHP in May as the Advisory Committee Chair. In a challenging global environment, this charity continues to punch above its weight, with significant long-term programmes driving sustainable impact. I have loved meeting our members and partners, and hearing about the significant, often life changing, benefit that taking part has had on them and their careers. I visited our programmes in Uganda and saw how what started out as a training course in one hospital is leading to national change. Because we work in true trusted partnerships, embedded in local health systems, our impact amplifies over time, like ripples from a pebble thrown in a lake.



Your support powers our partnerships

If you have been inspired by the stories and impact we have shared with you, please consider scanning the QR code and making a donation. Your contribution will help strengthen the partnerships and projects that achieve meaningful and lasting change. Thank you for helping us do more.